

Pleasant Hills Community Newsletter

August 2025

phnewsgroup@gmail.com



PLEASANT HILLS CWA

Our July meeting was held in Albury.

Some of our members provided entertainment and Devonshire Teas to some of the residents and friends at Riverwood Retirement Home on 1st July which was enjoyed by all.

Henty Branch invited us to join them in a talk about Carevan, and some members were hoping to attend.

A thank you letter was received from the Thurgoona Community Group who we supplied with lunch for their Biggest Morning Tea event. Riverina Group Council Meeting was held at the ARCC Centre in Wagga Wagga on 28th July and we had four members attending.

Pleasant Hills Branch was thrilled to be nominated in the Volunteer Team of the Year Awards. The event will be held in Wagga on 14th August and some of us hope to attend.

Nett is organising an event for "Small Steps for Hannah" organisation on the 12th August at the Orana Community Centre, 40 Cardo Drive in Springdale Heights 9.30am – 12noon. There will be a morning tea served at the end of the session. These sessions aim to create more awareness and empower members of the community about the early warning signs of coercive control and the tragic but inspirational story of Hannah Clarke and her three children who lost their lives at the hands of her husband, who was also the children's father.

There is a RSVP by 10th August to 0260253988 or 0421983244. This is a CWA of NSW initiative, sponsoring this organisation to raise awareness of this form of domestic violence.

As the Cultural Day is on 11th August and we have "Hannah's Story" on 12th August, our meeting at the Pleasant Hills School on the 13th August and the Centre for Volunteering event in

Wagga Wagga on the 14th, sadly we won't be entering in the Cultural Day this year.

On a lighter note, Monday 21st July apparently was National Lamington Day, and Matt from 2AY put up a message on Facebook asking who makes the best lamington. Several bakeries were nominated and also Pleasant Hills CWA! This must have intrigued Matt, so he rang Head Office to find contact details for our Branch, then rang up and did an interview with me. I dropped off a dozen lamingtons to 2AY for them to try! We worked out our lamingtons were bought at a recent cattle sale that we catered for.

We are going to have another Street Stall at Bunnings on 22nd August, this time for general revenue since at the August meeting, we do the allocations of our funds, and most of the money we've made this year has already been given, including some thousands of dollars to disaster relief.

Land Cookery this month was the Coffee Sponge, which was won by Heather Barrett, second Lyn J. In August, we have all the children's cooking – 8 years and under, decorated cupcakes, decorated in sea creature's theme: 12 years and under, packet cake of your choice. Under 18 years, Chocolate Cake. In the Open Section, we are having Sultana Cake and Peppermint Slice (recipe supplied for this).

For those who don't know, Travellers Aid can meet people with a disability in Melbourne who need assistance and are unsure about using public transport. For more information, phone 0396702072 or email scs@travellersaid.org.au Our next meeting will be our International Meeting at the Pleasant Hills School, Wednesday 13th August, starting at 10am and we will provide a luncheon with some dishes from our Country of Study, The Republic of South Korea for the school children, staff and anyone else who would care to join us. We will

have the former State International Officer, Mrs Jenny Chobdzynski as a special visitor, and we would love to have some visitors join us even for lunch to learn something about this Country.
Lyn Jacobsen.

School News and Reviews



Pleasant Hills Community Hotel

Reminder Pub AGM Friday 1st August @7.30pm
Looking for new committee members and if have any ideas/feedback for the pub please come along and voice your opinions.

Sammy the Pizza Man here again on Saturday 2nd August. The Takeaway Menu will also be available to purchase on this night.

The new kitchen appliances are in except the oven all looking good. A big Thank You to all involved in getting this all possible, especially Annie Scholz.

Suzanne Forck.

Shooting the stars



Whilst a bit cold, it was a lovely starry night, and people came from far and near to be skilled up on learning how to take great night sky photography with your phone. Many thanks to those that came from Sydney to share their skills at no expense to those that took part in it.

SCHOOL REPORTS

PHPS is introducing updated school reports. The new format has been developed by the NSW Department of Education in response to feedback from parents and educators to make reports easier to read and understand. Your child's report will still show their progress across all subject areas. Teacher comments will appear in English, Mathematics and the General Comment section, in line with department policy. A new achievement scale and descriptions are included to provide a clearer picture of your child's progress. Parent-teacher interviews remain an important way to discuss your child's progress and achievement in more detail and can be arranged by contacting the school office. We welcome your feedback or questions about the new report format. School reports will be released today on School Bytes and a hard copy sent home.

GYMNASTICS

Our school has received a Sporting grant to be able to do 4 sessions of gymnastics in Term 3. Three sessions will be held at our school starting Friday 1st August. The students are also looking forward to the fourth session as they will be travelling by bus to Albury on Friday 12th September to visit the Flyaway Gymnasium.

SRPSSA ATHLETICS CARNIVAL ALBURY

We have 10 students attending the athletics carnival on Friday 8th August and wish them all the best on the day. Thank you to our parents for taking their children on this day. Mrs Kellie Noske will be the Principal in charge of all the Greater Kengal students. If it rains, a back-up date will be decided at a later date.

Printing costs are met by Henty and District
Community Bank® Branch Bendigo Bank



HENTY LIONS CLUB JUNIOR PUBLIC SPEAKING COMPETITION

Congratulations to Lachlan Barker for winning 2nd Place in the 3-4 Years public speaking competition in Henty last Sunday. Well done, we are very proud of your achievement.



Pleasant Hills Pre School



We were all excited to return to preschool for term three and enjoyed a restful two week break.

We have set up a preschool shop under the cover of our veranda and have been enjoying choosing our own groceries and learning the concept of exchanging money for items.

There is a vet surgery inside, which has been very busy even though we've only been back at preschool for a short time. The preschoolers are enjoying finding problems and fixing the animals.

The preschool children were eager to help with making the playdough. This is a wonderful way to begin to use early numeracy skills such as

counting and concepts of measuring. It is also just really fun to watch the ingredients come together to form the playdough with which they love to play with. This week we decided to go with the colour red!

And finally, our trough has been filled with wheat, which feels lovely to run little fingers through. We have added mini construction vehicles, boards and kangaroos to this area.

Mia Heaphy.

Hills Happenings



Birthdays:

Happy 50th Birthday to Warren Lieschke for the 13th August.

Happy 90th Birthday to Alan Morey for the 13th August.

Word of the month

“Tenterhooks”

“Tenterhooks” refers to the small L-shaped metal hooks used to stretch and hold cloth on a wooden frame called a tenter, particularly in the textile industry.

“On tenterhooks” means “waiting nervously for something to happen”

The small L-shaped nails used to hold hoops in place temporarily when making casks or barrels by a

“Hooper” are also known as “tenterhooks”.

Mathew Rush.

Tennis Club

We held our AGM on Sunday afternoon, the 27th July. Thanks to Adam for having the room nice & warm for us at the pub.

Our committee is:

President: David Stein

Vice-presidents: Grant Morey & Sam Terlich

Treasurer: Courtney Trethowan

Secretary: Carol Smith

Team Manager & Public Officer: Renae Lieschke

The next two new courts have been delayed due to there being a drainage issue underneath the courts. Council have hopefully rectified this & waiting for it to dry out. Those courts may not be quite ready for the start of a new season. The new fence is up & looks great.

We will again enter a team in the HCTA summer competition, possibly sec 2 this season for the benefit & ongoing improvement of our younger players. It also looks promising that we will have a sec 6 side again which just requires 6 players for the day. They can be boys &/or girls that are just starting to play.

Please let Renae know (0428296147) if you have children keen to play. They would not need to commit to playing each week.

If anyone is keen to play in the other section, even occasionally, please also let one of the committee know.

There will be coaching in Term 4 & hopefully a holiday program too. Thanks to everyone for putting their hand up, we look forward to a good season of fun & good tennis.

Carol Smith.

Rec Ground

The AGM of the Sec 355 Recreation Ground committee was also held. The exec committee is the same as for the tennis club, but we also welcome Anthony Male to the committee as an additional member. We thank him for this & we are also hoping for one more person to join us that may have an interest in this area.

We are due to meet with council for an update on the rec ground development & to ascertain responsibilities going forward.

Carol Smith.

Pleasant Hills Patchwork Group



We had a big roll up in July with lots of projects, panels and UFO's being worked on. The collage above includes items purchased in our recent trip to Corowa / Howlong as well as some panels being transformed into art pieces and quilts, Applique, Hat Making, Cross Stitch, Embroidery and lots of Pieced patchwork.

We are excited to have extreme free motion quilter and award-winning artist Helen Godden, coming to Pleasant Hills on Saturday 4th October to teach Quilt-A-Doodle, which is all about free motion quilting. Email myself, (Virginia Clancy) on this Newsletter email if you want more information regarding participating in this workshop.

Our next Patchwork get together is a UFO day on Saturday 16th August, so you can keep working on those unfinished projects. BYO your lunch, \$6 hall hire, all requisites for your project including sewing machine.

Wise Words for 2025:

"One day you will wake up
and there won't be any
more time to do things
you've always wanted.
Do it now."

Paulo Coelho

Expression of Interest for Bus Drivers (Pleasant Hills Area)

Our company is seeking expression from locals, regarding bus driver positions for local school run. If you are interested in finding out what is required or more information contact Jeremy Barker via mobile on 0408246140.

Dr Joe McGirr MP

Upcoming Events

Pop-up Office: Lockhart
Book in a 20-minute appointment to discuss local concerns and provide your feedback.
Date: Tuesday 19th August
Time: 3pm to 5pm
Where: Lockhart Shire Council Chambers
To book your 20-minute appointment:
Call Dr Joe's office on 6921 1622

**See below - as advertised
on Facebook - Lockhart
NSW community notice
board -
Note submissions in by August 23rd**

AGM Annual General Meeting

Pleasant Hills Hall AGM will be held on Tuesday 13th August, at 7:30pm, in the meeting room at the Hall.



Rhonda Palmer

Top contributor 1d · 📅

We have had a request to add Pleasant Hills to this years Lockhart Village Garage sale.

SATURDAY AUGUST 30TH 8-4pm

SUBMISSIONS need to be in by August 23rd

If anyone from PH would like to be added to the list, please TEXT me only on 0427229816 or comment below. As I'm advertising all the way to Albury, it means more visitors coming from the towns closer to the Murray driving through PH and if there is enough interest from the locals it would be awesome. Please inbox me or comment below if you would like to be added.



www.smallsteps4hannah.com.au

HANNAH'S STORY

small steps 4 Hannah

These sessions aim to create more awareness and empower members of the community about the early warning signs of coercive control and the tragic but inspirational story of Hannah Clarke, her three children and family.

Presented by
Michael Jeh
DV Prevention Educator

Tuesday 12th August 2025
9:30am - 12pm
Orana Community Centre
80 Carole Drive
Springdale Heights
RSVP by 10th August
0240253988 or 0421983244

Livestock Nutrition & Management **Information Day**

8th August, starting at 9am.

Helping Producers make confident, informed decisions.

- 363 Schneiders Lane, Osborne NSW 2656
- Morning Tea & Lunch provided
- 6 Guest Speakers / Practical insights / On-Farm Tools

Covering: Feeding and nutritional requirements, Supplement options, Vaccination strategies, Drenching programs and options, NLIS tagging, Market preparation.

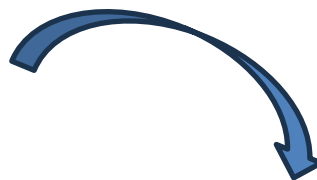
RSVP: 1st August

For more information contact:

Randyn 0427108171

Helena 0409374995

rsre.fischer@bigpond.com



Bookings are online only, where you choose your menu items and nominate who's table you're wishing to sit at.

Booking link:

<http://www.trybooking.com/events/1441512>

Limited numbers – don't miss out on this special evening!

Hills History

Recently, in my travels, I came across these two notebook covers.

when she had joined The Gould League of Bird Lovers.

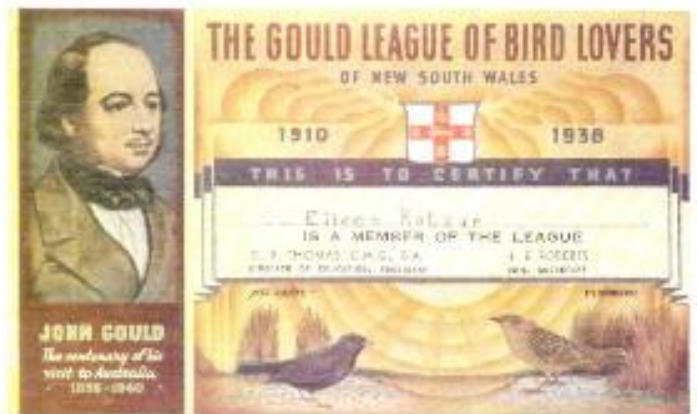


They are from a time when local businesses freely gave out personalised gifts to valued customers.

And as they clearly show, they can be a lasting historical reference of the people who ran businesses many years ago, sometimes before our time.

Do you have any of these objects in your collections? Would you like to share any pictures of them?

I was reading the Wallandool/ Alma Park book, and there was a picture of a certificate of Eileen Kotzur,



Eileen Kotzur's Gould League Certificate.

This brought to mind that I had been a member of The Uncle Ben's Buddys Club. I still have my badge and certificate.

Does anyone remember the clubs or groups they were involved in as a child or young person? Were there any local clubs or groups?

Written by: Fiona Beckett

Our Backyard

Australian Humour

A few years ago we discussed the curious idiom of Australian Humour and although we seem to lack an Australian Identity, we have developed a particular brand of humour delivered in a flat laconic style, with the most fantastic exaggeration made credible by the dead-pan delivery. Often the twist in the tale to the listener is the realisation that he is being had. This tradition has been carried on today, with such works as in the commercial for Old Gold; (you know the one about the crocodiles). Here are a few more traditional yarns from the past.

‘Two shearers were true to the competitive spirit of the shearing shed. Apart from trying to get the best tally for the day they competed with each other for speed in everything they did. They were washing their shirts one Sunday afternoon and Joe claimed that he had finished first. Fred disagreed and an argument developed. At last Fred said in disgust, All right throw the bloody thing in the dirt and I’ll give you another go.” ’

‘One night in an outback pub a stranger began to skite about his droving exploits. After a while he turned to a hard bitten old character. “And what’s the longest droving trip you’ve been on?” he asked patronisingly. Old Gob looked him squarely in the eye. “From Cape York to Hobart, son – and we walked them all the way.” ’

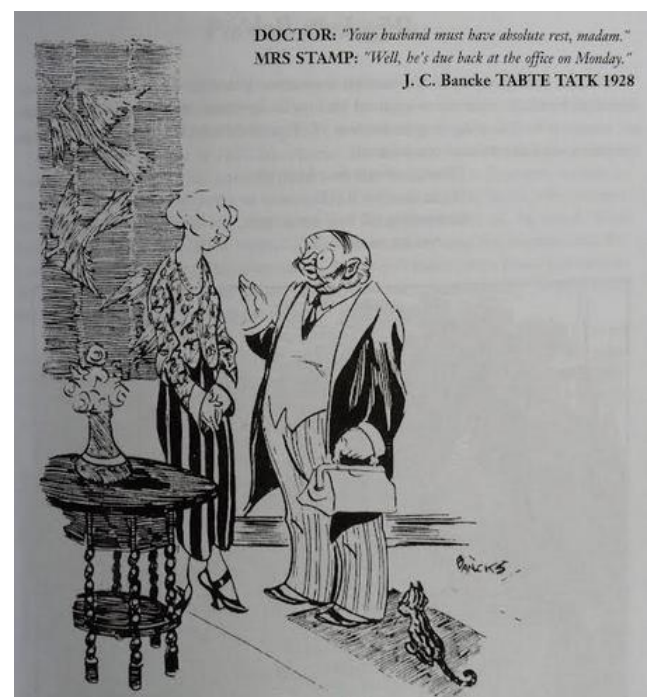
The classic story of jury was at Dubbo, where a jury tried a man on a charge of stealing some heifers. When the jury returned with their verdict, the associate said, “Do you find the accused guilty or not guilty of cattle-stealing?” To which the foreman replied, “Not guilty, if he returns the cows”. The judge read the riot act and directed the jury reconsider their verdict and give a true verdict according to the evidence.

The jury retired again and when they returned, they had a most belligerent air about them. When the associate said, “Have you decided on your verdict?” The foreman said, “Yes, we have. We find the defendant not guilty and he doesn’t have to return the cows.”

‘(Supposedly a true story. A result apparently quite common in Colonial Australia where trials were often heard in the district where the crime was allegedly committed.)’

(From: Australian Folklore published by Leatherwood Press)

Bob Marshall.



Poem

A Real Pea Souper – A poem by
Trudy Smith.

It was a cold and gloomy Friday
A damp start to the day
The drive to town was slow and
white
The kangaroos were kept at bay.

It's a good idea during Winter
months
Driving from the hills to Henty
To allow extra minutes for the trip
On clear days it takes twenty.

A busy day of work ahead
The sun appeared mid-morning
But when the temperature quickly
dropped
We should have seen the warning.

At five pm the fog rolled in
All the way up Sladen Street
It threw a blanket over us
We felt its icy sheet.

A shroud of white became the
night
Homeward bound through eerie
silence
Hands gripped tightly to the wheel
With the passenger offering
guidance.

It was obvious to both occupants
The car was searching for the road
As many times we hit the brakes
For the most part we just slowed.

The trees and bush jumped out in
jest
Signs loomed with dark surprise
But we bypassed all these
obstacles
And kept peeled both sets of eyes.

And eventually, although quite late
We emerged from the monochrome
And next time that fog rolls
around
Recommend one stays at home.

Pleasant Hills
Community Hotel
Dinner under the verandah & stars
SUNDAY 17th AUGUST 2025
4:00pm
Starter
Share grazing platter filled w local cheeses, cured meats, antipasto, crackers and sourdough
Main
Maple mustard slow roasted Angus Sirloin,
smashed baby roasted potatoes, steamed greens, maple Shiraz Jus
Baked local whole trout, roasted root vegetable melody w balsamic glaze
Chicken breast supreme, w courgette & tomato risotto
To Finish
Petit Fours sharing platter of sweet delights
\$55 per person
Kids Meals available
Embellish CATERING

Charlie's Footy Column

4 games left in the Hume home and away season. It feels like last week I was just running out of the sheds for the first game of the season. Seniors are getting really interesting with upsets like Jindera beating Howlong yesterday and a couple of weeks ago Howlong beat Holbrook. Really it could go either way this year.

To the AFL, Adelaide is knocking on Collingwood's door trying to steal the minor premiership. Gold Coast are proving their point by beating Brisbane by 66 points. The top 9 is very close but there is only a spot for the top 8. Bulldogs are currently sitting outside the 8 but anything can happen in these next few weeks.

Player Profile:

Name:

Micah Leischke

Nickname:

Mitch

Hume Team:

Henty

AFL Team:

Sydney Swans

Favourite AFL Player:

Errol Gulden

Favourite footy memory:

Beating Osborne in an elimination match to kick them out of finals.

If you were to bring 3 people to the Pleasant Hills Pub who would they be?

Steve Irwin, Russel Coight, Carl Barron.

Caitlin's Netball News

In the Suncorp Super netball were already in finals! With the Westcoast Fever absolutely pumping the Sydney Swifts in the major Semi Final 77 – 45 and the Melbourne Vixens only just kicking the Adelaide Thunderbirds out of finals thanks to their super shots.

In the Hume league we are up to Round 14 and our A grade ladder is looking quite tight with the Jindera girls undefeated, closely followed by Howlong, Billabong, Osborne, Henty and right on that 6th place is CDHBU who will need to be watching out for Brock & Burrum as we approach finals.

Pleasant Hills Player Profile

Name/ Nickname:

Rachael Terlich. Rach - Terlo - Boss

Club you play for:

Henty Swampies

Suncorp Netball Team:

Sydney Swifts

Club Idol:

My Netball Idol is my mum Julianne Clancy

Most annoying teammate and why:

From Rand Walbundrie playing days – my sister Steph always bossing me.

Favorite Memory in your Career:

I have two:

1) playing A Grade with my sister Steph at Rand Walbundrie many years ago.

2) playing in my first ever finals game in 2024 for Henty.

Good luck charm before a game:

Having my taping done by the same trainer and eating a couple of red frogs.

What do you like about the Pleasant Hills Community:

Everyone always cares about you, and it'll always proudly be my home.



Matt's Cooking Corner:



Granpas slow cooker Sicilian beef



Ingredients:

- 60ml (1/4 cup) olive oil
- 1kg gravy beef or chuck steak, trimmed, cut into 4cm pieces
- 1 brown onion, coarsely chopped
- 1 fennel bulb, trimmed, coarsely chopped
- 3 garlic cloves, crushed
- 1 tbsp plain flour
- 250ml (1 cup) Beef Liquid Stock
- 125ml (1/2 cup) red wine
- 400g can cherry tomatoes
- 2 strips orange rind
- 1 cinnamon stick
- 1/2 tsp dried chilli flakes
- 55g (1/3 cup) pitted Sicilian green olives
- Pasta or couscous, to serve
- Basil leaves, to serve

Method:

Heat 2 tbsp oil in a large frying pan over medium-high heat. Add 1/3 of the beef and cook, turning occasionally, for 2 minutes or until browned. Repeat in 2 more batches with the remaining beef, adding a little more oil if needed. Transfer to slow cooker.

Heat the remaining oil in the pan over medium heat. Add the onion and fennel, and cook, stirring, for 5 minutes or until golden and starting to soften. Add the garlic and cook, stirring, for 30 seconds or until fragrant. Sprinkle over flour and cook, stirring, for 1 minute.

Gradually add the stock, scraping the pan with a flat-edged wooden spoon to dislodge any bits that have cooked onto the base. Stir in the wine. Add to the slow cooker, along with the tomatoes and their liquid, orange rind, cinnamon stick and chilli flakes. Stir to combine. Cover and cook on LOW for 8 hours (or HIGH for 4 hours).

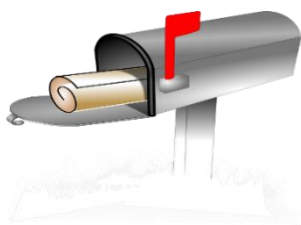
Stir in the olives and season with salt. Serve with pasta or couscous, topped with basil leaves.

PAPER ROSTER

Please collect papers from the Henty Post Office / Newsagent. It opens at 8am Saturday mornings. Can the papers be at Pleasant Hills by 1000am.

HENTY

August	
2 nd August	Trevor Terlich
9 th August	Corey Beckett
16 th August	David Male
23 rd August	Rex Lieschke
30 th August	Wayne Scholz
September	
6 th September	Hugh Clancy
13 th September	Oriel Ridge
20 th September	Rick Clancy
27 th September	Trevor Terlich
October	
4 th October	Corey Beckett
11 th October	David Male
18 th October	Rex Lieschke
25 th October	Wayne Scholz



Newsletter

Many thanks to all our contributors, as without your contributions we would have no newsletter to read. Please continue sending them in by the last 7 days of the month to phnewsgroup@gmail.com

Our newsletters are now free thanks to Henty Bendigo Bank, but cost \$20 per year if you need them posted to you. If so, please give your postage cost to Virginia Clancy. If you now have access to emails, a digital copy can be sent to you. If you would like to join our email subscribers, please send your address to phnewsgroup@gmail.com

Diary of Events

AUGUST

Friday 1st August
Community Hotel AGM 7:30pm

Friday 1st August
PHPS Flyaway Gymnastics

Saturday 2nd August
Sammy the Pizza Man at the Pub from 5pm.

Thursday 7th August
Mobile Library 10:40-11:40am

Friday 8th August
Livestock Information Day (See page 6.)

Friday 8th August
SRPSSA Athletics carnival

Tuesday 12th August
Hall AGM 7:30pm

Wednesday 13th August
CWA meeting @ PHPS Cultural Day 10:00am

Friday 15th August
PHPS Gymnastics

Saturday 16th August
Patchwork group meet

Sunday 17th August
Twilight Dinner under the Verandah – bookings essential

Monday 18th August
PHPS P&C meeting 2pm.

Tuesday 19th August
Dr Joe McGirr MP pop up office in Lockhart.

Thursday 21st August
Mobile Library 10:40-11:40am

Friday 22nd August
PHPS Gymnastics

Friday 22nd August
CWA street stall Bunnings Albury

Friday 29th August
PHPS Bernie O'Connor Football / Netball Carnival

